

# Nutrition Facts

Serving Size: 1 Scoop (31g)

Servings Per Container: About 28

Amount Per Serving

**Calories** 120

Calories from Fat 10

**% Daily Value\***

**Total Fat** 1 g 2%

Saturated Fat 0 g 0%

Trans Fat 0 g

**Cholesterol** 15 mg 5%

**Sodium** 200 mg 8%

**Total Carbohydrate** 3 g 1%

Dietary Fiber 1 g 4%

Sugar 1 g

**Protein** 24 g 48%

Vitamin A 0% Vitamin C 0%

Calcium 8% Iron 20%

\*Percent Daily Values are based on a 2,000 calorie diet.

Your Daily Values may be higher or lower depending on your calorie needs:

	Calories	2000	2500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

Calories per gram

Fat 9 • Carbohydrates 4 • Protein 4

**INGREDIENTS:** Cold-Filtered Whey Protein Isolate, Cocoa processed with Alkali, Natural Flavors, Salt, Xanthan Gum, Sunflower Lecithin, [Endopeptidase and Exopeptidase (as IGNITOR™ Enzyme)], Monk Fruit, Rebaudioside A (Stevia).

**ALLERGEN INFORMATION: CONTAINS MILK.**